

Date: December 28, 2025

Series: Philippians: Triumphant, Tenacious, Battle-Tested Joy

Title: Matters of the Mind

Text: Philippians 4:8-9



INTRODUCTION

Philippians 4:8-9

Note: God desires to “awaken” our thinking to the importance of thinking!

“Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.” (1 Corinthians 6:19-20)

“You shall LOVE the Lord your God with all your HEART and with all your SOUL and with all your MIND. This is the great and first commandment.” (Matthew 22:37-38)

Note: The kind of “thinking” that Paul describes here takes intense effort and focus!

Psalm 42:5-11

Note: God calls us to fill our minds and to be controlled in our thinking by truth about HIM!

Matthew 6:31-33

I. THINK ABOUT THIS...

Note: This Greek word (“logizomai”) means to think, to evaluate, to carefully consider, to purposefully dwelt upon.

1) True/Accurate/Corresponding to Reality as opposed to false, deceptive, misleading.

(John 17:17 and Psalm 119:160)

2) Honorable/Noble/Worthy of Respect *as opposed to* shameful, corrupt, pointless.

(Psalm 101:2b-3a)

3) Just/Righteous/Aligned with God's Character *as opposed to* anything against God.

(1 Peter 1:14)

4) Pure/Blameless/Morally Clean *as opposed to* tainted, mixed with filth, contaminated.

(1 Thessalonians 4:3-4 and Matthew 5:8)

5) Lovely/Sweet/Pleasant *as opposed to* oppressive, burdensome, stifling.

(1 Timothy 6:17)

6) Commendable/Esteemed/Highly Regarded *as opposed to* infamous, notorious, sus.

(Proverbs 12:15)

7) Excellent/Perfect/Mature *as opposed to* bland, mundane, deadening, dulling.

(1 Corinthians 10:31 and Colossians 3:1-3)

8) Praiseworthy/Exalted/Worthy of Recognition *as opposed to* cheap, lowly, disposable.

(2 Corinthians 13:14)

Questions for Further Study, Reflection, and Application...

1. Why does God care so much about what we think about? Why is our thinking so important?
2. What does it mean to love God with our minds (Matthew 22:37-38)? How do you do that?
3. Why is it dangerous to merely "listen" to our complaints and worries? What does Jesus call us to do in Matthew 6:31-33? Based on Jesus' words, what should you change in your thinking and actions?
4. As you reflect on your habits regarding podcasts, movies, books, tv shows, social media accounts, etc., are there any changes that you believe that God would want you to make in order to promote better, more sanctified thinking?
5. How can you encourage those around you to think in a more God-glorifying way?