

Date: October 4, 2026
Series: The Gospel According to Mark
Title: "Sovereign Sympathy"
Text: Mark 7:31-37



I. Jesus meets our deepest isolation with flesh-and-blood **tenderness.** *(vv. 31–33)*

Scripture: John 1:14; Hebrews 2:14; Romans 12:15

Notes:

II. Jesus bears our profound brokenness with sympathetic **grief and sovereign **authority**.** *(vv. 34–35)*

Scripture: Romans 8:22–23; Exodus 4:11; Psalm 51:15

- In Jesus' sigh, we see the **Suffering Servant**—bearing our grief with deep sympathy.
- In Jesus' command, we see the **Sovereign King**—exercising complete authority over brokenness.

Notes:

III. Jesus inaugurates the **new creation as the promised, suffering Savior.** *(vv 36–37)*

Scripture: Isaiah 42:2; Genesis 1:31; Isaiah 35:5–6; Revelation 21:5; Matthew 11:28

Notes:

Questions to Consider & Discuss:

1. How do you see the love and urgency of the friends who brought the deaf man to Jesus (v. 32)? Who in your life might need you to help bring them to Him?
2. Why do you think Jesus took the man aside privately instead of healing him in front of the whole crowd (v. 33)? What does this show us about His character and nature?
3. Jesus communicated through physical touch to meet this man in his specific place of need. Why was this so significant and how can we extend personal, caring ministry to others in our everyday lives?
4. What does Jesus sighing before healing the man (v. 34) reveal about how He feels when He looks at the brokenness and suffering in our world? In what way(s) can you relate to His sigh?
5. The crowd declared, "He has done all things well" (v. 37). In what areas of your life right now do you need to trust that God is doing all things well?
6. Is there any area of burden, sin, or grief that you have been hesitant to bring to Jesus? How does this passage encourage you to bring it to Him?